



**468 US Highway 70 Sea Level,
SEALEVEL, NC 28577
TEL: 252-656-4012**

List of Permitted Items for Inpatient Residential

Identification & Documents

- Government-issued photo ID (e.g., driver's license or passport)
- Insurance card or payment information
- Emergency contact list
- Any required legal paperwork (e.g., probation documents)

Medications

- All current prescribed medications **in original packaging** with labels
- Over-the-counter medications if approved (e.g., allergy meds, vitamins)
- A list of current medications and dosages

** All Medications are held and administered by medical staff.*

Clothing:

- T-shirts, sweatshirts, and long-sleeve shirts (no drug/alcohol references or offensive graphics)
- Pants, jeans, or sweatpants
- Pajamas or sleepwear
- Undergarments
- Socks and slippers
- Sweater or jacket
- Comfortable shoes (no strings)

** Allow 5–7 days worth of clothes due to limited storage and provide laundry access*

Toiletries (New and unopened, Alcohol-Free, Non-Aerosol)

- Toothbrush and toothpaste
- Hairbrush or comb
- Shampoo and conditioner
- Body wash or soap
- Deodorant (solid only; no spray or aerosol)
- Feminine hygiene products
- Lotion (non-fragranced, if possible)
- Sunscreen and lip balm

Miscellaneous Personal Items:

- Journal or notebook
- Books (appropriate, non triggering)
- Letters or photos (no glass frames)
- Stamps, envelopes, writing materials
- Religious/Spiritual items

Items that are available to clients if needed:

- Bathrobe
- Journal or notebook
- Coloring or activity sheets
- Colored pencils, etc.
- Envelopes and stamps
- Feminine hygiene products are available if needed
- Shaving items (disposable razors are sometimes permitted but are held by staff)

PROHIBITED ITEMS

- Phones, laptops, tablets, smartwatches (if brought, they will be stored in secure area along with other belongings)
- Weapons or sharp objects
- Alcohol, drugs, or alcohol-based products
- Tobacco products
- Food, drinks, or supplements from outside
- Revealing, offensive, or drug/alcohol-branded clothing
- Aerosol sprays or strong fragrances
- Nail polish/remover, mouthwash with alcohol
- Sewing or craft needles